



**NMC Division of Professional Development**

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"NMC Center for Professional and Continuing Education"

@nmcprofdev

**PTSD & Birth Trauma**

Methodist Women’s Medical Office Building (MOB), Bernard & Abbott Rooms, 717 North 190th Plaza, Omaha, NE 68022

Wednesday, January 16, 2019, 9:00 AM to 12:15 PM

Presented by: Jeannie Hughes, MA, LMHP, NCC

**PURPOSE STATEMENT AND AGENDA**

The purpose of this course is to increase knowledge on birth trauma and its impact on the development or exacerbation of maternal post-traumatic stress disorder.

Program Objectives:

- Discuss the impact of birth trauma on the development of PTSD in new mothers
- Discover clinical presentation and diagnosis of PTSD in new mothers
- Identify prevention and treatment options for PTSD

Agenda	Topic
8:45-9:00am	Registration
9:00-10:00am	Overview of birth trauma/PTSD
10:00-10:15am	Break
10:15-11:15am	Caring for mothers with PTSD
11:15-12:15pm	PTSD Case Studies

**CONTINUING EDUCATION REMINDERS**

- To access the handouts, follow this link: <https://bit.ly/2zLPhSB>
- In order to receive continuing education hours for this event, you must attend the entire activity, and you must complete a program evaluation.
- The evaluation will be emailed to you. The evaluation must be completed within 7 business days after the program date or you will receive an incomplete. Credit cannot be awarded once the program is closed in 30 days.
- A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements. Or, you can go to our website: [www.methodistcollege.edu/pd](http://www.methodistcollege.edu/pd), click "Account Login" on the top right side of the page, log in to your account, and click "Certificates."

**Upcoming Continuing Education events**

Sign up at <https://web.methodistcollege.edu/professional-development>

1/31/19: Impact of Marijuana Use on the Maternal Newborn Dyad

2/12/19: EFM Case Review

2/14/19: Cardiovascular Symposium  
2/20/19: Key Component of Breastfeeding  
2/21/19: EAP: Identifying and Preventing Compassion Fatigue  
3/13/19: Basic EFM  
3/21/19: Fatherhood Engagement

Subscribe to our email and newsletters for more information on upcoming continuing education opportunities from Nebraska Methodist College!



First & Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_

Professional Categories—Select all that you are interested in:

- Cardiovascular/Pulmonary     Cultural/Spiritual     Diagnostics     Emergency
- Ethical/Legal     Geriatrics     Health & Wellness     Hospice/ Palliative Care
- Leadership/ Faculty Development     Medical/Surgical     Mental Health
- Oncology     Online Continuing Education     Ortho/Neuro/Rehabilitation     Pediatrics
- Peri-Operative     Professional Nursing     Research/ EBP     Women's Health

Program Categories—Select all that you are interested in:

- Dietitian/LMNT     EMS     Licensed Mental Health Practitioner     Medical Assistant
- Nursing     Occupational Therapy     Physical Therapy     Physician
- Radiologic Technology     Respiratory Therapy     Social Work     Sonography
- Speech and Language Therapy     Surgical Technology

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