DATE:  Friday, November 8, 2019
LOCATION:  Denver University Fitz Knoebel School of Hospitality (AKA - Restaurant and Tourism Building)

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC</th>
<th>PRESENTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15 – 8:00</td>
<td>Registration</td>
<td></td>
</tr>
</tbody>
</table>
| 8:00 – 8:15 | Opening Remarks/Reflection                        | Lisa Person MSN, RN, CENP  
Senior Vice President & Chief Nursing Officer           |
|          |                                                   | Rhonda Ward MSN, RN NEA-BC  
Group Vice President of Nursing                          |
| 8:15 – 9:15 | Keynote                                           | Elias Provencio-Vasquez, PhD, RN, FAAN, FAANP  
Dean and Professor                                      |
|          | Quality. Service. Safety. - High Reliability Organizations- | College of Nursing  
University of Colorado Anschutz Medical Campus          |
| 9:15 – 10:00 | Break (Visit Poster Presentations and Exhibits) |                                                                           |
| 10:00 – 11:00 | Breakout Sessions (Choose A, B, or C)             |                                                                           |
| Session 1-A | Frontline Nurses: Needs Assessment to Clinical Implementation | Penne McPherson, EdD, RN-BC, OCN  
Centura Health – multiple facilities                     |
|           | Locked in for Learning: Implementing Escape Rooms to Spark Active Learning in Nursing Education | Stephanie Storie, MSN, RN, CMSRN  
Traci Roebuck, BSN, RN, CMSRN  
Parker Adventist Hospital                                  |
|           | Collaborative Clinical Internship: Bridging the Gap between BSN Education and New Employee On-boarding | Shawn Zembles, DNP, APRN, CEN, RN-BC, ACNS-BC  
St. Anthony Hospital                                      |

We extend the healing ministry of Christ by caring for those who are ill and by nurturing the health of the people in our communities.
### Session 1-B

**Understanding the Magnet components and 2019 Magnet manual requirements to establish a professional nursing culture**

Jean Beckel DNP, RN, MPH, CNML  
Magnet Program Director  
Porter Adventist Hospital

**How to identify quality projects for Magnet stories**

Interactive Session (Moderators: Jean Beckel, DNP, RN, MPH, CNML and Yuki Asakura, PhD, RN, ACHPN, ACNS-BC)

### Session 1-C

**Enhanced Recovery After Spinal Surgery: An Evidence-Based, Patient Centered, Multidisciplinary Surgical Model**

Jamie Jones, BSN, RN, CCRN, CNRN  
Catherine McGraw, MSN, BSN, RN, ANP-C  
Kelly Boals, BSN, RN  
Kevin Owen, MD

Littleton Adventist Hospital

**Practicing High-Risk Low Volume Situations in the Operating Room**

Amber Kamps, BSN, RN  
Susan Gentry, BSN, RN Educator

Penrose-St. Francis Health Services

**Awareness is Key: Unlocking the Perception of Pain through Pre-Operative Education**

Loretta Krieves, BSN, RN

Parker Adventist Hospital

### 11:10 – 12:10 Breakout Sessions 2 (Choose A, B, or C)

#### Session 2-A

**Making it Stick: Panel Discussion on Successful EBP Change**

Patrice Schweighardt MS, RN-BC; Shannon Eastman MSN, RN, PCCN; Sherry Steffen BSN, RN, CEN, CTSR; Kristen Taylor BSN, RNC-MNN; Karen Sublett MS, RN, ACNS-BC, AOCNS, OCN

Penrose-St. Francis Health Services

#### Session 2-B

**Fall Prevention Education: Standardizing Education and Communication Processes**

Cassandra Day, BSN, RN  
Mark Santa-Maria, RN

St. Thomas More

“Let’s Hook Up” Designing and Implementing a Multidisciplinary Standardized Hand-off to Promote Patient Safety

Rhonda Kent, MSN, RN, CCRN  
Nicole Newton, BSN, RN, CCRN

St. Anthony Hospital

Don’t send that urine from a contaminated urinary catheter!

Janet Plunket, BSN, RN, CCRN

Littleton Adventist Hospital

#### Session 2-C

**Moving into Community: Developing Neighborhood Nurse Centers**

Cynthia Wacker, MEd, RN  
Velda Baker, RN  
Marva Ehmen, RN  
Fiona Hahn, MPH, RN

Cindy Stickel
What Do Primary Care Clinic Nurses Do, Anyway?
A Look at How Outpatient RN Care Coordinators and Clinic Nurse Impact Patient Care

Maria Milagros Kneusel Rivera, DNP, MSHCE, MSN, RN
Kim Walter, PhD
Jen Robinson, RN
Jenette Myers, RN

St. Anthony North Hospital

Systematic Review of Interventions Designed to Maintain or Increase Physical Activity Post-Cardiac Rehabilitation Phase II

Helen Graham, PhD, RNC, CNS
Kathy Prue-Owens, PhD, RN
Jess Kirby, ACSM
Mythreyi Ramesh, student

Penrose-St. Francis Health Services & University of Colorado, Colorado Springs

12:10 – 13:30

Lunch Provided (Visit Poster Presentations and Exhibits)

13:30 – 14:30

Learning Sessions (Choose 7, 8, or 9)

Session 3-A
QI vs Research
Jane Braaten RN, CNS/ANP, PhD, CPPS, CPHQ
Director of Quality and Patient Safety
Castle Rock Adventist Hospital
Darcy Copeland, RN, PhD
Nurse Scientist
St Anthony Hospital

Session 3-B
Optimizing Blood Transfusion Process with Technology: Sans a Separate Blood Band
Melony Prince, MSN, BSN, CNOR
Tami Friend, BSN
Littleton Adventist Hospital

They're Dying: Now What? Improving nursing knowledge and self-efficacy in EOL care
Rachel Sabolish, APRN, ACHPN
Jennifer Wilson, APRN, ACHPN
Porter Adventist Hospital

Examining Hand Hygiene Guideline Adherence After a Multiphase, Multidisciplinary Education Approach
Hollie Caldwell, PhD, RN
Cathy Vigil, BSN, RN, CIC
Porter Adventist Hospital
<table>
<thead>
<tr>
<th>Session 3-C</th>
<th>Reducing Variability of Emergency Severity Index Levels by Using Weekly Real-Life Case Studies</th>
<th>Corinna Beyer, RN, BSN, BS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>St. Anthony Hospital</td>
</tr>
<tr>
<td></td>
<td>Up A Creek Without A Core Measure: A Facility-Based Effort to Standardize and Improve Care for Pediatric Sepsis</td>
<td>Christopher Gibson, BSN, RN, CEN</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Penrose-St. Francis Health Services</td>
</tr>
<tr>
<td></td>
<td>Shifting the culture of underreporting in workplace violence</td>
<td>Cody Coburn, BSN, RN, CCRN, COHC</td>
</tr>
<tr>
<td></td>
<td></td>
<td>St. Anthony Hospital</td>
</tr>
</tbody>
</table>

14:30-15:00 **Break (Visit Poster Presentations and Exhibits)**<br>**Turn in your Votes**

15:00-16:00 Closing Presentation<br>Defying Gravity<br>Ingrid Johnson DNP, MPP, RN<br>CEO and President<br>Colorado Center for Nursing Excellence

16:00 – 16:50 **Announcement of Poster Awards and Closing**

---

**The 12th Annual Centura EBP, Research and Innovation Conference Planning Committee**

**Conference Chair**<br>Yuki Asakura, PhD, MS, RN, ACHPN, ACNS-BC, OCN<br>Nurse Scientist/Palliative care APN<br>Parker Adventist Hospital/Penrose-St. Francis Health Services

**Planning Committee**<br>Peggy Berkey, MHA-ED, BSN, RN-BC<br>Educator<br>St. Thomas More Hospital

Jane Braaten, PhD, RN, CNS/ANP, CPPS, CPHQ<br>Director of Quality and Patient Safety<br>Castle Rock Adventist Hospital

Hollie Coldwell, PhD, RN<br>Nurse Scientist<br>Porter Adventist Hospital

Darcey Copeland, PhD, RN<br>Nurse Scientist<br>St Anthony Hospital

Brenda Grizzle, MSN, RN, CEN<br>Manager, Professional Development<br>Porter Adventist Hospital

Mary Potter, MS, RN, ACNS-BC<br>Critical Care Clinical Nurse Specialist<br>Parker Adventist Hospital

Lorna Prang, MS, RN, CCRN-K, CCNS<br> Educator<br>Littleton Adventist Hospital

Shawnna Snodgrass, DNP, MSN, RN, AGPCNP-BC, A-GNP-C<br>RN Education Specialist/ Educator<br>Longmont United Hospital

Karen Sublett, MS, RN, ACNS-BC, AOCNS, OCN<br>Clinical Nurse Specialist Penrose-St. Francis Health Services

Melissa Sorensen, MS, BSN, RN, CNOR<br>Magnet Program Coordinator<br>Penrose-St. Francis Health Services