

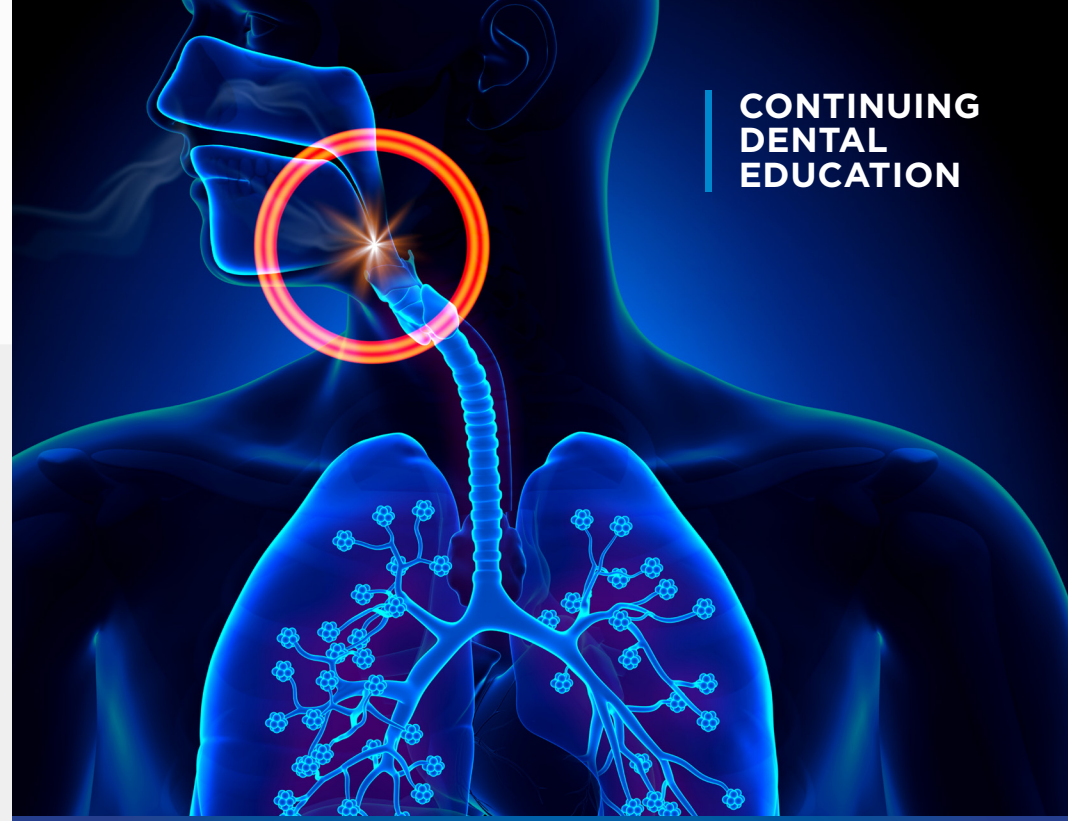


COLUMBIA UNIVERSITY COLLEGE OF DENTAL MEDICINE
630 WEST 168TH STREET, BOX 20
NEW YORK, NY 10032

CONTINUING DENTAL EDUCATION

SNORING & SLEEP APNEA: A Comprehensive Review

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CONTINUING
DENTAL
EDUCATION

SNORING & SLEEP APNEA: A COMPREHENSIVE REVIEW

WEDNESDAY, APRIL 10, 2019

Course Director **David Momtaheni, DMD**, with **Steven Syrop, DDS**



COLUMBIA

COLLEGE OF
DENTAL MEDICINE

SNORING & SLEEP APNEA:

A Comprehensive Review

Over fifty million Americans suffer from sleep disorders. Approximately 45% of all adults occasionally snore, and about 20% habitually snore. Patients with sleep disorders can be prone to developing hypertension and stroke.

This course will review non-surgical and surgical modalities, and review how General Dentists, Orthodontists, and Oral Surgeons can work together as part of the treatment team. Topics discussed will include: screening, evaluation and treatment of snoring and obstructive sleep apnea, the anatomy and physiology of the oral-pharyngeal airway, the flexible endoscopic nasopharyngoscopy, CBCT scan of the upper airway, laser assisted uvulopalatoplasty, maxillomandibular advancement and septoplasty, genioglossus muscle advancement, oral appliances and complications, and medical/legal aspects of appliance therapy.

In-office 3-D upper airway analysis and fibro-optic upper airway assessment, as well as home-based Polysomnography, will be presented. Surgical modalities and their scientific outcomes will be reviewed. Oral appliance therapy and their applications as well as their complications will be presented.

LEARNING OBJECTIVES

This presentation will familiarize you with the most common terminology in the field. You will learn a systematic approach to screening, identifying, evaluating, and treating sleep-related breathing disorders. You will understand when to refer to specialists, and how to coordinate your expertise with other practitioners.

SPEAKERS

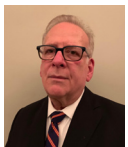


COURSE DIRECTOR

David Momtahreni, DMD

*Clinical Professor, Division of Oral and Maxillofacial Surgery
Columbia University College of Dental Medicine*

Credentials: Board Certified OMFS and OMF Pathologist. Thirty-six years' experience treating patients with snoring and OSA in NYC. Contributor in OMFS Text, William Bell Contemporary Orthognathic Surgery, Chapter on Sleep Apnea. Publications and continuing education courses in the subject matter for the past 36 years. Member of American College of Sleep Medicine.



Steven Syrop, DDS

Credentials: Diplomate, American Board of Orofacial Pain; Section Chief TMD Service, Weill Cornell Medical Center, and Member of American Academy of Dental Sleep Medicine.

LOCATION

Columbia University Irving Medical Center
West 168th Street
New York, New York 10032

CONTACT

E dentalCE@columbia.edu

P (212) 305-7124

Schedule

8:00 AM	Registration
8:30 AM	Introduction of Sleep-related Breathing Disorders; Anatomy and Physiology of the Oro-pharyngeal Airway David Momtahreni, DMD
10:00 AM	Evaluation, Clinical Exam, and 3-D CBCT Scan of the Upper Airway David Momtahreni, DMD
10:45 AM	Understanding the Polysomnography Report Steven Syrop, DDS
11:45 AM	Lunch Break
1:15 PM	Surgical Modalities for Treatment of OSA LAUPP, Septoplasty, Genioplasty, MMA David Momtahreni, DMD
2:00 PM	Oral Appliance Therapy Steven Syrop, DDS
2:45 PM	Complications of Oral Appliance Therapy Steven Syrop, DDS
3:30 PM	Insurance Codes, Processing Medicare Claims
4:00 PM	Adjourn

Course Fee: \$295

Discounts: CDM Alumni (-10%), Recent Alumni within 5 years (-20%), CDM Faculty/Staff (-50%)

Registration includes coffee and refreshments.

Columbia University CDM designates this course as

6 CE lecture hours

Details, registration and course policies:

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