Mini-Residency 2018

Daytime Phone (_____)  Emergency Contact ___________________________  Phone Number ____________________________
City ____________________________ State _______  Zip _________ County in NC _________________
Mailing Address _______________________________________________________________________
Employer _____________________________________________________________________________

In accordance with the ADA CERP Standard V., everyone involved in planning or presenting this educational Course will be required to disclose any relevant financial relationships with commercial interests and this information will be made available to participants at the start of the Course. As a continuing education provider, UNC School of Dentistry is responsible for ensuring the content, quality and scientific integrity of all continuing dental education activities for which credit is provided. The School is also responsible for taking steps to protect against and/or disclose any conflict of interest of the faculty/instructors presenting those courses.

REGISTRATION AND FEES

DENTIST: $6995 One Payment in full; $6595 Two Payment Installments ($3497.50 each: The remaining payment of $3497.50 must be paid by Noon on January 5, 2018.)
A parallel program will be offered for dental staff. Dental Assistants and/or Dental Hygienists may attend a weekend session for $500 or all 3 sessions for $2200.

The registration fee includes course materials, CE credit, all meals on the agenda, group dinner, webinars between sessions, parking and more. All registrations must be received by January 19, 2018. UNC CDE/AACP recommends that you do not make air travel arrangements prior to receiving a receipt of payment or confirmation. UNC CDE/AACP is not responsible for any travel-related costs.

CANCELLATIONS AND REFUNDS

Refunds will be made only if your space is filled. Refund requests (less 10% of TOTAL cost of the program) must be submitted in writing or email at least 30 days prior to the program start date. Due to non-refundable commitments, we cannot offer refunds after this date. AACP 12100 Sunset Hills Rd, Ste 130 Reston, VA 20190 or email central@aacfp.org.

SPECIAL DIETARY REQUIREMENTS

Dental education institutions have an obligation to disseminate new knowledge related to dental practice. As such, some presentations may include commercial examples or commercial references. Stipulations of a continuing education course by the University of North Carolina does not necessarily equate endorsement of a product or practice professed or promoted by the faculty/instructors presenting those courses.

The University of North Carolina School of Dentistry cautions continuing dental education participants to notify our office in writing of your special need no later than January 19, 2018. Special accommodations for a disability in order to participate fully in this continuing education course, please call 919-537-3400.

The UNC School of Dentistry designates this course for up to 48.0 hours of continuing education credits.
Upon completion of this course, participants should be able to:

- \( \Box \) List the steps of a protocol for oral appliance therapy and its overall efficacy.
- \( \Box \) Demonstrate how to use a maxillomandibular (MM) appliance for different indications.
- \( \Box \) Evaluate long-term outcomes.
- \( \Box \) Discuss the role of maxillomandibular advancement (MMA) appliances.
- \( \Box \) Evaluate the side effects of oral appliance therapy. Patient specific oral appliance selection will be addressed and each participant will be guided by course faculty in state-of-the-art patient examination and formulation of therapy after the final determination of the participant’s oral appliance in the sleep clinic.

Education Objectives

- \( \Box \) Differentiate between the etiology of obstructive sleep apnea (OSA) and other common sleep disorders.
- \( \Box \) Explain the role of dentistry in sleep medicine and the role of the dentist as the first line of the oral screen patient for sleep apnea diagnosis in your dental practice.
- \( \Box \) Describe the different types of oral appliances used to treat OSA and discuss how the selection and use of these oral appliances should be based on the patient’s medical and dental status.
- \( \Box \) Describe how to evaluate patients for oral appliance therapy with the use of common clinical testing.
- \( \Box \) Describe appropriate approaches to the treatment of OSA with oral appliance therapy and in assessing the efficacy of therapy after the final appliance.”

Course Description

The University of North Carolina School of Dentistry and the American Academy of Craniofacial Pain (AAPC) are pleased to announce the inaugural offering of the AADSM Mini-Residency in Dental Sleep Medicine (DSM). The three, weekend sessions of lectures and hands-on clinical workshops will allow each participant to evaluate patients for, and deliver in their dental offices, customized oral appliances to treat obstructive sleep apnea and snoring. Working in small groups, participants will be guided by course faculty in state-of-the-art patient examination techniques, impression and record taking, fitting and adjusting oral appliances that are marketed for sleep-disordered breathing, and in the identification and management of side effects. Patient specific oral appliance selection will be addressed and each participant will have three different oral appliances custom fit to their needs. More advanced topics will include treatment of the pediatric patient with OSA, combination therapy for patients who fail to respond adequately to oral appliances alone, and maxillofacial surgery for treatment of severe OSA and craniofacial anomalies. Participants will be provided with the knowledge and skills necessary to successfully collaborate with physicians to treat this severe medical condition with the least invasive approach.

Educational Objectives

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The University of North Carolina School of Dentistry and the American Academy of Craniofacial Pain (AAPCP) are pleased to announce the inaugural offerings of the AADOM-Qualified Dentist Designation Program at UNC. The UNC School of Dentistry is an ADA CERP Recognized Provider. UNC CDE’s term of recognition is March 1, 2018 through February 28, 2021. The UNC School of Dentistry is accredited by the Commission on Dental Accreditation of the American Dental Association, which is recognized by the U.S. Department of Education as a accreditor of postsecondary educational programs. The Commission on Dental Accreditation is a branch of the American Dental Association. For information on the composition of the Commission on Dental Accreditation, questions about the program or UNC School of Dentistry accreditation status, please contact the Commission on Dental Accreditation: 211 E. Chicago Ave., Suite 1890, Chicago, IL 60611, www.ada.org/en/accreditation, 312-440-2500.

COURSE DESCRIPTION

Session I (Jan 26-27, 2018)

Basic anatomy of normal and abnormal sleep, sleep apnea (OSA) and other common sleep disorders.

Explain the role of sleep in medicine and its impact on health and disease.

Session II (Mar 2-3, 2018)

Describe the role of sleep in medicine and drug development.

Demonstrate how to use PSG reports in the evaluation and treatment of OSA.

Explain the role of imaging and laboratory tests in the evaluation and treatment of sleep disorders.

Session III (Apr 6-7, 2018)

Identify the symptoms and signs of sleep disorders, and their treatment with oral appliances.

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The University of North Carolina School of Dentistry and the American Academy of Craniofacial Pain (AACP) are pleased to announce the inaugural offering of the AACP Mini-Residency in Dental Sleep Medicine (DSM). The three, weekend sessions of lecture from nationally recognized experts and hands-on clinical exercises will prepare participants to manage patients with sleep-disordered breathing, and in the identification and management of side effects. Patient specific oral appliance selection will be addressed and each participant will have three different oral appliances custom fit to their teeth. More advanced topics will include treatment of the pediatric patient with OSA, combination therapy for patients who fail to respond adequately to oral appliances alone, and mandibular advancement devices for children with their indications. Participants will practice how to optimize collaboration with physicians to successfully treat this medical condition. The information obtained will be described and strategies to successfully address the challenges will be discussed.

The University of North Carolina School of Dentistry’s Dental Sleep Medicine Mini-Residency meets the American Academy of Dental Sleep Medicine’s (AADSM) continuing education criteria for the Qualification Dental Sleep Medicine Program. Completion of the course may count toward fulfillment of the continuing education requirements for the Qualified Dental Sleep Medicine Program (QDSM). It is a QDSM Qualified Designation, to apply, visit: www.aadsm.org/qdsmpath.

**COURSE OBJECTIVES**

**COURSE DESCRIPTION**

Upon completion of this course, participants should be able to:

- Demonstrate how to use the information obtained from the patient’s sleep medicine therapy and in assessing the efficacy of therapy after the final appliance therapy.
- Demonstrate how to use diagnostic patient equipment in the adjustment of oral appliance and their efficacy.
- Demonstrate how pediatric OSA differs from adult OSA and the role of medical colleagues.
- Discuss how oral appliances influence the treatment of OSA, and dental approaches in the treatment of OSA and its use to optimize communications between dental and medical colleagues.
- Implement strategies to engage all dental team members in the practice of oral appliance therapy.
- Understand the unique side effects of OSA, and its interaction with other sleep disorders.
- Learn strategies to address the challenges successfully.

**UPON THE COMPLETION OF THIS COURSE, PARTICIPANTS SHOULD BE ABLE TO:**

- Illustrate methods to screen patients for sleep disorders.
- Understand the unique anatomy, its evaluation, and treatment of OSA.
- Develop a plan to manage side effects of oral appliance therapy.
- Demonstrate combination therapy arising to address poor treatment outcomes.
- Examine considerations of the TMJ in the treatment of OSA and oral appliances.
- Demonstrate how to use diagnostic patient equipment in the adjustment of oral appliance and their efficacy.
- Demonstrate how to use the information obtained from the patient’s sleep medicine therapy and in assessing the efficacy of therapy after the final appliance therapy.
- Demonstrate how to use diagnostic patient equipment in the adjustment of oral appliance and their efficacy.
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- Discuss how oral appliances influence the treatment of OSA, and dental approaches in the treatment of OSA and its use to optimize communications between dental and medical colleagues.
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**SESSION I**
(Jan 26-27, 2018)
- Dr. Bennett, HR
- Dr. Patel, HR
- Dr. Bhatti, HR
- Dr. Essick, HR
- Demonstrate how to deliver oral appliances, patients choose their fit for themselves.
- Demonstrate how to use diagnostic patient equipment in the adjustment of oral appliance and their efficacy.
- Demonstrate how pediatric OSA differs from adult OSA and the role of medical colleagues.
- Discuss how oral appliances influence the treatment of OSA, and dental approaches in the treatment of OSA and its use to optimize communications between dental and medical colleagues.
- Implement strategies to engage all dental team members in the practice of oral appliance therapy.
- Understand the unique side effects of OSA, and its interaction with other sleep disorders.
- Learn strategies to address the challenges successfully.
DR. TERRY BENNETT graduated from the University of Louisville School of Dentistry in 1989. He has been in private practice of Craniofacial Pain (ACP) since 1989, serving on the Board of Directors of the ACP since 1996. He is a member of several organizations and holds certifications in many areas of dental and craniofacial pain management.

DR. ROY PATEL received his dental degree from the University of North Carolina in 1984. After graduation he completed a one-year residency in Advanced Education in General Dentistry (AEGD). In 2011 he completed a Master’s in Science from Tufts University in the area of Craniofacial Pain and Sleep Medicine. Dr. Patel has earned a Fellowship in the American Academy of Orofacial Pain, American Academy of Orofacial Pain, American Academy of Craniomandibular Orthopedics and the Academy of General Dentistry. He was a Clinical Instructor in the UNC UNC School of Dentistry. He oversees the Dental Sleep Clinic, which provides the school’s venue for patient care, education and research in oral appliance therapy for obstructive sleep apnea and snoring. Dr. Patel provides the school’s continuing education in sleep medicine to practicing dentists in North Carolina.

FACULTY

DR. JAMISON SPENCER, DMD, MS is Clinical Professor of Dentistry in his own dental office for 25 years. He recently graduated from the University of North Carolina at Chapel Hill where he also previously served as the Medical Director and Associate in Garner, North Carolina. He is the Director of Dental Sleep Medicine at Lane Regional Medical Center and has been the medical director for the UNC Home Sleep Apnea Testing Program for 25 years and is also currently serving as the Medical Director of Outpatient Care Services for the UNC Medical Center.

JEN MILLER, WELLS, MD, MPH is a Clinical Associate Professor in the Department of Neurology at the University of North Carolina School of Medicine. She has been the medical director for 10 years and is currently serving as the Medical Director of Outpatient Care Services for the UNC Medical Center.

COURSE DESCRIPTION

The University of North Carolina School of Dentistry and the American Academy of Craniofacial Pain (ACP) are pleased to announce the inaugural offerings of the AADSM/NAS-Retirement in Dental Sleep Medicine (DSM). The three, weekend sessions of lectures, discussion, case presentations and clinical exercise will prepare each participant to evaluate patients for, and deliver in their dental office, customized oral appliance therapy for obstructive sleep apnea and snoring. Working in small groups, participants will be guided by course faculty in state-of-the-art patient examination techniques, interpretation and record taking, fitting and adjusting oral appliances that are marketed for sleep-disordered breathing, and in the identification and management of side effects. Patient specific oral appliance selection will be addressed and each participant will have three different oral appliances custom fit for their teeth. More advanced topics will include treatment of the pediatric patient with OSA, combination therapy for patients who fail to respond adequately to oral appliances alone, and mandibular advancement devices for their indications. Participants will learn how to optimally collaborate with physicians to successfully treat this severe medical condition. The course will cover long-term strategies for addressing oral appliance therapy and will address the challenges will be discussed. The University of North Carolina School of Dentistry’s Dental Sleep Medicine Mini-Residency meets the American Academy of Dental Sleep Medicine’s (AADSM) continuing education criteria for the Qualified Dentist designation. Completion of the course may count toward fulfillment of the continuing education requirements for the Qualified Dentist designation for the AADSM Qualified Dentist designation, to apply, visit: aadsm.org/qddesignation.aspx

CE Eligible for the AADSM Qualified Dentist Designation, if the participant fulfills all of the above course requirements

EDUCATIONAL OBJECTIVES

Upon completion of this course, the participant should be able to:

Session I (Jan 26-27, 2018)

• Demonstrate an understanding of normal and abnormal sleep, the role of sleep in health and disease, and common sleep disorders.
• Explain the role of dentistry in sleep medicine and the role of screening patients for sleep disorders in your dental practice.
• Describe the different types of oral appliances used to treat OSA and the changes in patient demographics, and selection of patient treatment.
• Demonstrate the need for protocols with treating patients with obstructive sleep apnea and the participant’s office and differentiate between the oral and the medical treatment.
• Demonstrate how to evaluate patients for oral appliance therapy and the importance of the oral appliance therapy treatment.
• Demonstrate how to take the required night's sleep
• Demonstrate examination of the TMD and appliances in the evaluation and treatment of patients with oral appliances.

Session II (Mar 2-3, 2018)

• Demonstrate the information obtained during the initial oral appliance therapy and in assessing the efficacy of therapy after the final adjustment.
• Demonstrate how to formulate the treatment plan in the adjustment of oral appliances and the patient’s fitness for their appliance.
• Demonstrate how oral appliances are involved in the treatment of candidates for oral appliance therapy and in the management and identification of side effects.
• Demonstrate the importance of effective patient and oral appliance follow-up care of patients treated with oral appliances.
• Demonstrate techniques to optimize communication between dental and medical colleagues.
• Implement strategies to engage all dental team members in the philosophy of practice of dental sleep medicine.
• Uncover and address the challenges of OSA, such as those pertaining to home sleep apnea testing, reimbursement, and strategies for addressing the challenges successfully.

Session III (Apr 6-7, 2018)

• Describe how to evaluate patients for oral appliance therapy and the importance of the oral appliance therapy treatment.
• Demonstrate how to take the required night's sleep
• Demonstrate examination of the TMD and appliances in the evaluation and treatment of patients with oral appliances.
• Demonstrate the information obtained during the initial oral appliance therapy and in assessing the efficacy of therapy after the final adjustment.
• Demonstrate how to formulate the treatment plan in the adjustment of oral appliances and the patient’s fitness for their appliance.
**CONFIDENT OF INTEREST**

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A parallel program will be offered for dental staff: Dental Assistants and/or Dental Hygienists may attend a weekend session for $850 or all 3 sessions for $2200.

The registration fee includes course materials, CE credits, all meals on the agenda, group dinner, seminars between sessions, parking and more. All registrations must be received by January 15, 2018.

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DENTAL SLEEP MEDICINE
Mini-Residency 2018

The University of North Carolina School of Dentistry designates this course for up to 48.0 hours of continuing education credits.

CONFLICT OF INTEREST

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REGISTRATION AND FEES

DENTIST: $6595 One Payment in full; $6995 Two Payment Installments ($3497.50 each):

- The remaining payment of $3497.50 must be paid by Noon on January 5, 2018.
- $6995 Two Payment Installments ($3497.50 each):
  - A parallel program will be offered for dental staff. Dental Assistants and/or Dental Hygienists may attend a weekend session for $500 or all 3 sessions for $2,000.
  - The registration fee includes course materials, CE credits, all meals on the agenda, group dinner, webinars between sessions, parking and more. All registrations must be received by January 19, 2018.
  - UNC CDE/AACP recommends that you do not make air travel arrangements prior to receiving a receipt of payment or confirmation. UNC CDE/AACP is not responsible for any travel-related costs.

CANCELLATIONS AND REFUNDS

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SPECIAL DIETARY REQUIREMENTS

Registration for this course includes 3 meals per day. We will be offering a Kosher meal for those who request it.

ADA Statement:

The University of North Carolina at Chapel Hill is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of sex, race, color, national origin, age, disability, gender identity, or sexual orientation. In accordance with the ADA CERP Standard V, everyone involved in planning or presenting this educational Course will be required to disclose any relevant financial relationships with commercial interests and this information will be made available to participants at the start of the Course.
**CONFIDENT OF INTEREST**

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**REGISTRATION AND FEES**

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**Special Rates**

- Hygienists $850
- Dental Assistants $850
- Dental hygienists $850

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**SPECIAL DIETARY REQUIREMENTS**

Dental education institutions have an obligation to disseminate new knowledge related to dental practice. In order to do so, some presentations may include commercial examples or commercial references. Membership of a continuing education provider by the University of North Carolina does not necessarily imply endorsement of a particular philosophy, procedure, or product by this institution.

The University of North Carolina School of Dentistry cautions continuing dental education participants that there are potential risks of using limited knowledge when incorporating new techniques and procedures into the practice of dentistry, especially when the continuing education Course has not provided supervised clinical experience and/or competency tests in the techniques or procedures.

The University of North Carolina at Chapel Hill is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability, veteran's status, or sexual orientation. If you require reasonable accommodations for a disability in order to participate fully in this continuing education course, please contact the Office of Access and Services at 919-966-3162 or text 919-966-3104.

The American Academy of Craniofacial Pain

The UNC School of Dentistry recommends that you do not make air travel arrangements prior to receiving a receipt of payment or confirmation. UNC CDE/AACP is not responsible for any travel-related costs.

**Conflict of Interest**

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